

aboutfirst news

September, 2020 First United Methodist Church, Cedar Falls

Love First. Let's Gather, Grow, Go Together



TEACH US TO PRAY
RECLAIMING THE POWER OF THE LORD'S PRAYER
SUNDAY TEACHING & WEDNESDAY DISCUSSION

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issue 239, September 2020

First United Methodist Church
718 Clay Street
Cedar Falls, Iowa, 50613
aboutfirst.com

Announcements and editorial content for publication may be submitted to the First UMC media office by the 20th of each preceding month. Email to: chris.congdon@aboutfirst.com

Thoughts from Scott

There are some experiences that stick with you and that is especially true of experiences that you are a part of leading and teaching. For instance, I have continued to reflect on an experience here at Cedar Falls First UMC that occurred at the beginning of 2019. We had a worship and discussion series entitled: Crucial Conversations led by your pastors. We looked at the crucial topics of Separation of Church and State, Abortion, The Death Penalty, Euthanasia, Immigration Reform and Sexual Orientation & Gender Identity. In our newsletter preceding the series it was written:

These are crucial conversations because our culture is more polarized than ever before, and our church community reflects this as well. We all are able to consult the same scriptures as we seek faithful guidance for questions of morality, and yet we read those scriptures differently, and reach opposing conclusions.

I still see such conversations as crucial and a first step in bridging that which divides us in our time. We continue to need spaces where we can hold civil discussions on sensitive topics, and we have such an opportunity through the Cedar Valley community book read this September and October.

The book we are asked to read is How to Be an Antiracist by American author and historian Ibram X. Kendi. As part of the book read in October there will be an online panel discussion each Thursday evening at 7pm and you will have the opportunity to discuss these issues with someone you may or may not know, and with whom you may or may not agree. (stay tuned for online links to participate in October).

Two guiding rules should be in place during crucial conversations like these 1) seek to understand, rather than convince, and 2) have an attitude of prayer during those conversations. I hope you will consider reading the book with me and engage in this crucial conversation.

Grace and Peace,
Pastor Scott



CRUCIAL



CONVERSATIONS

Seeking Modern Worship Leader

First United Methodist Church is seeking a highly skilled Modern Worship Leader with a passion for music, leadership and ministry. The qualified applicant would provide strategic vision and leadership for the contemporary worship service/s, overseeing the weekend experience, providing leadership and guidance for the church in conjunction with pastoral leadership, as well as vision and strategy for growth and expansion of music/worship ministries. This position is salaried at 10 hours a week. Full position description is available at aboutfirst.com.

Letter from Finance Committee

Dear Friends,

We hope this note finds you healthy! We are living in truly unprecedented times and this spring has been a truly challenging time for each of us. Our world often seems uncertain and unpredictable

Our Finance Team would like to thank each of you for your continued financial support during these difficult times. Enacting our mission of “Love First, Gather, Grow and Go Together” looks different and our Finance Team remains committed to providing updates on the financial health of our church.

Your generosity recently retired our mortgage! What a great example of the giving spirit of our congregation! Due to the pandemic, we did not have the chance to properly celebrate this achievement. This building will sustain us for many years as we seek to fulfill Christ’s mission. In addition, our Finance Team was able to secure a forgivable grant through the Paycheck Protection Plan which has provided support for our valued church employees.

It is vital that we continue supporting the work of our church through regular giving. As we previously reported, giving has declined in recent years and we started the year with a budget shortfall of \$110,000. Church staff, Finance Committee, Trustees and SPRC continue to manage expenses by cutting non-essential spending, curtailing apportionments payments and realignment of staff positions.

Our church operates efficiently and we are thankful for our staff, who provide the needed supports for our mission and congregation. You may be asking, “How can I help?” We sincerely thank you for your financial contributions and ask that you continue giving toward existing pledges. Where possible, we also ask that you prayerfully consider making additional gifts to the operating budget this year.

If you are attending worship in-person, you may leave your offering in the baskets near the door. Or consider giving online through the secure giving page of our website. Your generous giving allows us to complete our mission and have made it possible to continue reaching our congregation when we must be apart.

Blessings to you and your family,
First UMC Finance Committee

aboutfirst.com/giving

Washington Chapel UMC’s Legendary Turkey Supper! October 5

The folks at Washington Chapel are planning their fabulous turkey supper again on Monday, October 5 at the church at the corner of Ford Road and Bennington Road (just north of Cedar Falls). As you would expect, this year is carry-out only. Drive up between 4:30 and 7:00 and we will bring your meals to your car.

Enjoy turkey, mashed potatoes, stuffing, gravy, Iowa sweet corn, coleslaw, roll and butter, homemade pickles, and your choice of dessert (fruit pies or pumpkin bar or banana bar).

Lisa Congdon is selling tickets to the dinner: \$10 for adults, \$5 for kids age 6-12.

Get your tickets at the FUMC church office during office hours, or call or email Lisa at the church (266-1713 or lisa.congdon@aboutfirst.com) to make other arrangements.



4 Church Life Together



Teach Us To Pray Reclaiming the Power of the Lord's Prayer

Our pastor's current teaching series is a deeper look into the Lord's Prayer.

Prayer is something that many of us struggle with. We're afraid to do it in public and don't know how to do it in private. We aren't sure what words to use. Is there a right way or a wrong way? We wonder, does God hear us?

In Luke Chapter 11 a follower asks Jesus, "Lord, teach US to pray." It's a sincere request and Jesus responds with an answer that's enabling, and empowering and perfect: a prayer for all of us. Teach Us To Pray is a six week teaching series beginning August 23. Sunday sermons and Wednesday Zoom discussions with the pastors.

SUNDAY MORNING

8:30 Traditional Worship Service - join us in the sanctuary, or on the livestream

9:35 Sunday School for kids - virtual Sunday School, join us online!

10:00 Transformation Worship Service - in Fellowship Hall or on the livestream

Children's Sunday School Online This Fall

Sunday School will be virtual this fall. You can join us on our Facebook page where we will go live shortly after the completion of the 8:30 service. During our time together we will have a mini-lesson and a craft. Supply packets will be available for you to pick up ahead of time. We hope that you will follow along with us on Sunday morning.

If you would like a packet(s) please let Jenna know. The packets will be ready to pick up at the church on Thursday, Sept 10th.

WEDNESDAY NIGHT

pastor-led study begins September 2

The Pastors invite you to join them beginning Wednesday September 2nd at **6:00pm via zoom** for a weekly study on the Lord's prayer. We will be utilizing the GPS from the Sunday sermons. This is a chance to go deeper into the sermons, ask questions, and pray together. Join us for this 45 minute gathering! Access to the meeting can be found in your Thursday emails.

CrazyFunBusy Wednesday begins September 9

We've re-formed our CrazyFunBusy Wednesday nights to be safe for the pandemic season. Instead of a meal, and then scattering to different activities, we'll have a single activity appropriate for all. We'll begin at 6:30 to give you time for dinner first.

Sept 9: We will have an in person social distance gathering. On Sept. 9th we are planning on meeting at Big Woods Park. Devotion sheets will be handed out and you'll be free to enjoy the park with your family or in your First UMC small groups: walk the trail, bring your kayak or fishing pole. More information will be coming soon.

Sept 16 Join us on Facebook Live as Lorrin, Haleigh and Jenna teach a lesson.

Sept 23: Cooking with First UMC on Facebook Live. We will be picking a recipe out of the UMW cookbook. We will post the recipe in advance so you and your family can follow along with us.

Sept 30: Join us on Facebook Live for either a lesson or a fun interactive activity.

Fusion Tonight Worship Talk Show Returns!

We're excited to announce the return of our worship talk show, Fusion Tonight. We've tweaked the format to make it more compact and to better tell the stories of people being Christ for one another in these difficult days. Watch for the new season premiere on Facebook and YouTube on September 9.

Getting Together Again

This is still a transitional time. While this in-person worship is available, the livestreams will continue and we will still consider online worship to be our primary worship experience. If you choose to attend in-person, expect

- to submit to a health screening as you enter
- to be asked to wear a mask
- to observe social distancing
- to not have refreshments in the Gathering Place
- changes in how we sing, pray, and offer gifts together

Please make good decisions regarding church attendance based upon your vulnerability to infection, and your likelihood of being a transmitter of the COVID-19 virus to others. Since the middle of March, we have all learned about the dangers of this virus, and we have learned that isolation is our best defense. As First UMC now unlocks the doors on Sunday morning, we're counting on YOU to make good decisions for yourself and for your church family.

We strongly advise people to continue to stay home and watch online. Those who do choose to attend in-person will have an experience similar to being in the live studio audience of a television broadcast.

Your First UMC leaders are listening very closely to Iowa Public Health officials, and to recommendations from our Iowa UMC Conference headquarters and are prepared to make changes to worship services and gathering policies as infection rates dictate.

Small Groups Beginning to Meet Again

Some small groups are meeting again. Groups smaller than 10 persons may contact the church office to reserve meeting space. Wearing masks and social distancing policies apply to small group gatherings. Cleaning supplies are available in meeting spaces for you to disinfect tabletops before you leave.

Your First UMC leadership team is monitoring Black Hawk County COVID-19 statistics and we are prepared to either continue the process of opening, or to close-down again as needed.



We remained masked and distant, but it was so good to see you at Worship on the Green, Aug 30

Grief Support Session September 1

Where: church parlor

When: 2:00 to 3:30 pm

If you are grieving a loss, you are welcome. We provide a safe, confidential time to share feelings and thoughts. We will practice social distancing and ask that you wear a face covering. If you have questions, please call Carol through the church office at 266-1713.

Card Making Party September 8

Where: Gathering Place

When: 1:00 to 4:00 pm (Come-and-Go)

Come join the fun as we make recycled greeting cards to send and sell on the card rack. No experience is needed. This quarter's profits go to the N.E. Iowa Food Bank. We collected \$228.44 in the first half of the year for Habitat for Humanity. Please wear a face covering. We will sit separately as we work.

Crafter's Corner September 23

Attention crafters! Join us on the fourth Tuesday of the month from 6:00-8:00 in the Gathering Place. This is a laid back and hands-on group for all skill levels. Bring your own craft project to work on or volunteer your time and talent to make sleep mats for the homeless, handmade essentials for those in need, or prayer shawls. Please contact Crystal Wilken at crystalwilken@gmail.com with any questions.

There is Power in Hope

We are living in a time when circumstances are causing many people to be discouraged and in need of hope. One only has to look at the loss all around us with the pandemic Covid-19 virus, severe weather storms, and other significant losses such as our jobs, health or death of a loved one disrupting so many lives to know that people are hurting.



“hope flows through people”

During times of crisis, it is difficult to find hope and joy. Ultimate hope is found only through faith in Christ. But that kind of hope usually flows through people who give themselves to help other people. We can look to those who rush in after the storms of life and are there to help pick up the tattered pieces of our lives. Here at First UMC, hope flows through people involved in various congregational care groups. Stephen Ministry is one of them. If you have questions of would like to have a Stephen Minister walk with through some “hope stealing” circumstances, please talk to a pastor or call the church office, 319-266-1713.

Send a Card or Note

Many care facilities are not allowing visitors, even family. Send a card or a letter to our friends who are isolated right now. Phone calls and cards are also much appreciated for those who are staying home. Think of who sits around you in worship or in a group, and give them a call or a card. We still have updated photo directories at our Welcome Center. Pick one up Monday-Friday.

Doris Crandall, Gean Durbin,
Jeaneene Kemmerer, Marilyn Pape
Martin Suites
420 E. 11th St, Cedar Falls IA 50613

Marlys Cook, Ruby Hockey,
Richard Hunt
Stanard Assisted Living
420 E. 11th St, Cedar Falls IA 50613

Wanda Anderson, Marian Christiason,
Ruth Gooden, Mardy Hermann,
Jack Hovelson, Homer Leymaster
Windhaven Assisted Living
5500 S. Main St, Cedar Falls IA 50613

Gil Hewett, Joe Nelson, Lura Treloar
Deery Suites
5307 Caraway Lane, Cedar Falls IA 50613

list continued on next page . . .

Mother Teresa's Example

We have all heard of Mother Teresa and the work she did to serve the poor and suffering in her midst. Her life can serve as an example to all of us during this time in history. Right now it may seem as if our lives will not be better for a long time. We may be separated from a job, or our families. Even Mother Teresa felt discouraged at times and wondered if she could make a difference in Calcutta, with a population of between six and eight million. She was famous for giving the person she was talking to at any given moment her full attention. That is the lesson we can bring to today's situation. We may not be able to help on a global scale, but we can reach out locally to help those we meet each day. We can make phone calls, we can donate money, we can volunteer to help at the Food Bank. We can make one person each day feel that he or she is the most important person in the world at this moment, Poverty is not just monetary. We all need to feel less alone.



Visitation of Loved Ones

Because of the COVID-19 virus, our lives have been changed for an undetermined amount of time. As of this writing, nursing homes have been placed on lock-down and assisted living facilities are restricted to family only. Your parish visiting team will be stopping personal one-to-one visits and communion to all of our members. We strongly recommend that you also do not visit anyone at this time for your safety and theirs. Do keep in contact by phone, e-mail, or greeting card. This will be a particularly lonely time for anyone without family around.

LifeServe Blood Drive September 28

Our monthly Blood Drive will be Monday, September 28 from 12:30-6:00. They have quite a few appointments slots to fill, and the need is great. Sign up to donate at www.lifeservebloodcenter.org.

They can use callers to help schedule these appointments. Part of our success as a host site is due to the dedication of Lorna Ericson and Cindy Spragg who make phone calls to those who are eligible to donate. Do you know how to use a phone? Are you willing to make some phone calls from a list provided by LifeServe? If so, let Lisa in the church office know and she will get you in touch with the folks at LifeServe.



Adopt a Shut-in Church Member

Maybe this would be a good time to “adopt” a church member living in a long-term care facility. Due to the ongoing concerns of COVID-19, facilities will probably be restricting in person visits for quite sometime. If you as an individual or family would like to support someone who is especially isolated right now with a flower, gift basket, cards or phone call, please call Carol at 277-0711 and we will get you started. Thanks for caring!



Hospital reminder

Governmental regulations prohibit health care facilities (this includes hospitals, assisted living and nursing homes) from sharing information about their patients and residents, so if you want your church family to know you need our love and prayers, please call the church office.

Altar Flowers

The altar flower calendar for 2020 is at the Welcome Center. Sign up now to recognize a special date or to honor a loved one with flowers for the altar. Have the flowers delivered to the church on Friday, please.

Got extra fabric? Bring it in!

There is always a need for durable/sturdy fabric to make school bags and other stitching projects. The Stitchers & Quilters also could use decent sized lengths of cotton quilting fabric for comfort quilts, baptism quilts, and quilts for foster kids, as well as school bags for Midwest Mission. There is a designated bin for your quality fabric donation in the church collection site on the main level of the church in the little hall across from the drinking fountain.

... list continued from previous page

LaVonne Neese, Irene Raub,
Dotty Rokes, Ellen Opsal
Thalman Square
5500 S. Main St, Cedar Falls IA 50613

Marilyn Geesaman, Virginia Van Tassel
Nation Cottage
5111 Caraway Lane, Cedar Falls IA 50613

Vivian Hill, Thelma Macheska,
Rudy Grapp
New Aldaya Lifescapes
7517 University Ave, Cedar Falls IA 50613

Martha Anderson, Darlene Jordan,
Perry Thurman
Pinnacle Care
1223 Prairie View Rd, Cedar Falls IA 50613

Linda Rundall
Sunrise Hill Care & Rehab Center
909 6th St, Traer IA 50675

Noreen Roth
Good Neighbor Society
105 McCarren Dr, Manchester IA 52057

Darlene Prashak
Country Meadow Place
17396 Kingbird Ave #306
Mason City IA 50401

8 In Mission Together

UMCOR Hygiene Kits For Disaster Response

We can't plan for disasters – they simply happen, often without warning. You can help by providing supplies for UMCOR hygiene kits. These are distributed at shelters for those who have been displaced by a disaster.

Hygiene kits include

- 1 new hand towel, unwashed (15x25 to 17x27 inches)
- 1 new washcloth, unwashed
- 1 comb – sturdy with at least 6 inches of teeth
- 1 toenail or fingernail clipper
- 1 bar bath-size soap in wrapper, 3 oz or larger (no Ivory or Jergens's)
- 1 adult toothbrush
- 10 adhesive bandages (3/4 x 3 inches)

We especially need hand towels, washcloths, combs, and soap. Bring the items to the table outside the chapel in the Welcome Center

Mission Ingathering 2020 is a GO!

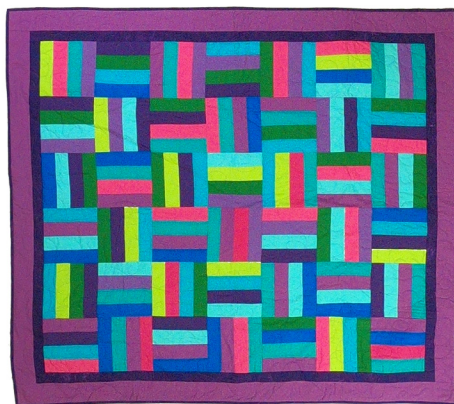
YES, we will partner with Midwest Mission Distribution Center (MMDC - an UMCOR affiliate) in Pawnee, Illinois, to collect kits at all of the Iowa Ingathering sites on Saturday, November 7, 2020 has been a year of disasters, so these kits are important!

NO, we will not be hosting large group activities such as: youth retreats, bazaars, mission presentations, luncheons, bake sales, quilt auctions, or worship services.

Mission Ingathering will be a “drive through” process this year. Northeast Iowa churches will bring their kits and remittance forms to First UMC Cedar Falls on Saturday, November 7. Volunteers will be on hand to help unload kits and to collect remittance forms. We will not be repacking kits.

Cash donations are also needed! Please consider donating funds for the Mission Ingathering 2020. Much of the money for Iowa UMC District Hunger Grants comes from Ingathering auction, bake sales, luncheons, and bazaar sales, none of which can happen this year. That will leave a huge void. These grants assist Iowa food pantries and help fund community meals right here in our conference. Last year, \$32,000 was granted to Iowa churches from Ingathering giving to go back into their communities.

Our 41st Mission Ingathering will be like no other. We can be flexible, because our purpose is clear – to show the Love of Christ to the world's people by ministering to their needs. Iowa UMCs can and will be difference makers!



Monthly Quilt Auction to Benefit Missions

Our Quilters & Stitchers wish to support First UMC missions by auctioning a quilt every month. This month, the quilt will support the Iowa UMC's Mission Ingathering. The auction is online-only, and will be open for three weeks beginning in early September.

Get it for yourself, or as a gift of warmth for a loved one. Each of our quilts is unique and will surely become a family heirloom.

The quilt to be auctioned is pictured above. Be sure to get the online version of this newsletter so you can see it in color! The quilt was pieced by Elaine Chapman on the Rail Fence pattern. It measures 56" x 63", and features a contemporary design of solid color blocks and machine stitching.

If you wish to see other quilts available for purchase (proceeds to support UMC missions) contact Barbara Pershing.

Local Clinic is our Mission of the Month

ACE-SAP Free Clinic

Our Mission of the Month is a great local cause that fills a gap in the healthcare landscape and is a win-win for the community. The ACE-SAP Free Clinic is a partnership between the Salvation Army and Allen College. It is a free clinic that allows students in Allen College's Nurse Practitioner program to gain valuable clinical experience while providing free or low-cost medical care to those who are unable to pay for service at traditional providers.



Nurse Practitioner students serve under supervision of a teaching CNP and are able to provide:

- Complete health history and full physical (health check-up)
- Treatment of minor acute illnesses or chronic conditions
- Medication assistance available
- Cholesterol and blood sugar screening done on-site with results ready in 5 minutes.
- Health education
- Several immunizations recommended for adults are available at no charge
- Referral to local resources

The ACE-SAP Free Clinic was founded by First UMC's own Rus Debonis and is an example of a creative approach to combine existing assets to serve others. The NP students win by gaining valuable experience, and the community wins by having a place for the under-served to receive medical care.

The ACE-SAP Free Clinic is our September Mission of the Month and you can contribute online at the secure giving portal of our website aboutfirst.com/giving, or by sending a check to the First UMC office.

Be a Blessing to Someone - Love INC

People in need will often approach a church for assistance. Unfortunately, many churches are not equipped to meet the variety of needs that are presented. That's not a failure of the churches - at their core, they are faith organizations, not relief agencies. But, the Christian imperative is to help. Love INC works like this: when someone approaches a member church for assistance, they are referred to Love INC. Love INC then conducts an interview to fully determine the need, and which church is best able to assist. Love In The Name of Christ (Love INC) pools the strengths of area churches and agencies to reach out to those in need - our church is one of over 30 that partner with Love INC..

You can be a blessing to someone today by volunteering with Love INC as a Clearinghouse or Community volunteer. If you're interested in serving with Love INC, fill out a volunteer form found at loveincv.org or call 266-1264. They'll get back to you in the next couple of days.

School supplies are on sale for School Kits

School supplies are needed for school kits. Midwest Mission Distribution Center collects and disperses these kits all over the USA and even overseas. You can help by keeping your eyes open for good deals on school supplies and bringing them to the Gathering Place).

School kits include

- 3 - 8 x 10 ½ spiral-bound one-subject notebooks, 70-80 pgs each (wide OR college rule)
- 1 - pencil sharpener (hand held - at least 1" long)
- 6 - unsharpened pencils with erasers (plain - no advertising)
- 1 - box 24 crayons (ONLY 24 count, please)
- 1 - box of 12 colored pencils
- 1 - pair BLUNT scissors (rounded tip metal blade)
- 1 - 2 inch or larger eraser
- 1 - 12 inch/30 centimeter ruler (hard or flexible, must be flat and have metric markings)

In particular need right now are colored pencils and notebooks, so watch for the sales and buy a shopping cart full!

10 Connect With First UMC

How to Worship Online

option #1 Facebook Live Stream

Watch Sunday worship live, as it happens on our First UMC Facebook page.
facebook.com/firstumccfmedia/

option #2 aboutfirst.com

The online worship page at aboutfirst.com has service videos and worship resources including: links to the teaching scripture passage, kids' video, online sign-in, and online offering.

option #3 Youtube Channel

Go to aboutfirst.com and click the "sermons" graphic for a link to our channel

First UMC is on Cable TV

We have an hour timeslot on public access cable TV in both Waterloo and Cedar Falls. Our program includes a Sunday School story for children, a devotion from a church staff member, and the teaching session from last Sunday's service.

Cedar Falls (CFU) Channels 18 and 95.5, Friday @ 8:00 pm,
Sunday @ 9:00 am

Waterloo (MediaCom) Channel 17, Sundays @ 11:00am & 8:00 pm

Tune In To Evening Reflections

Every evening at 6:00, a church staffer or volunteer will be live on our Facebook page with a reflection for the day. Gather the family and tune in for a word of encouragement and something to think about. Feel free to share comments with others who are watching - it's good to hear from each other!

Join the Facebook Group

We have created a Facebook group called **First Friends and Family** to allow everyone to interact and share the ways they are finding to Love First. This group was developed so we as a church family could stay connected while we are social distancing. Head over to our church Facebook page, select "visit group". You should find the button under the banner. Want to join? Click the member request button and we will be sure to add you, or send a note to Chris or Jenna and we'll connect you.



Building the Next-Level Broadcast Team

Get your hands on techy tools, and grow with an ever-improving ministry at First UMC. We invite you to explore a place on the Production Team. We will train you from the ground-up to learn as much as you wish in: camera operation, livestream production, worship projection, and audio operation.

Our goal is to build a production team which produces professional-grade broadcasts for our remote attenders. We're looking for people willing to grow into a new technical ministry role and to have some fun doing it.

If you think this might be an interesting way to serve your church, contact Chris in the media office to learn more. He'll show you some pretty cool equipment, tell you more of what we're trying to accomplish, and give you a picture of how you can fit in to this ministry opportunity.

chris.congdon@aboutfirst.com



Thank yous

I want to thank Jane for the beautiful rose for the 83rd birthday, also all the staff who sent me cards. It's always nice to be thought of.

Jim Schwab

Thank you to Jane and the church staff for the beautiful rose and card. It was so good to see Jane again.

Loretta Dykes

Thank you to Jane for bringing the beautiful red rose for my birthday.

Ann Campbell

Thank you to Carol Dick for bringing me a beautiful yellow rose for my 80th birthday. Thank you to the FUMC staff and Care Team for cards and birthday wishes.

Larry Petersen

I received a beautiful rose for my birthday. Thanks so much for being special. I so enjoy Carol, Sandy, Jane and the pastors for all your care and concern in Clyde's and my life.

Dolores Berger

I would like to thank all for the beautiful red rose for my 83rd birthday, and also thank Jane Wyckoff for delivering it to the house.

Betty Fanning

Thank you for the quilt and the book pertaining to cancer. I am getting radiation and chemo twice a day for a 30 day period. Also, thank you the quilters, parish staff and Carol Dick. A special thanks to Jane Wyckoff.

Al Messerschmidt

A big thanks to Jane Wyckoff for delivering the beautiful red rose for my birthday. She was my first apartment visitor since we were closed down in March so it was great to catch up on news! Thanks, too, for the written greetings from the FUMC staff.

Marlys Simpson

A big Thank You to everyone who has been so generous with cards and phone calls during this trying time for our family. Also Thank You to Jane Wyckoff and the Congregational Care Team for the beautiful red rose for my 85th birthday. I enjoy being able to attend church and the daily devotions via Facebook. "Almost" like being there. One of these days I will be able to see all of you in person again.

Ruth Tucker

Sympathy to:

Bevan Lucas and his family. His grandmother died July 29.

Liz Gerstenkorn on the death of her grandfather on July 25.

Kay Masters on the death of her sister-in-law, Janice Grandon, on August 5.

Jennifer Clark and her family on the death of her mother, Pauline Schreve, August 8.

Ed Pierson and his family on the death of Gloria Pierson on August 8.

Mary Cook and her family on the death of her father, Dallas Williams, on August 10.

Jane Wyckoff and her family on the death of her mother, Mary Ellen Quandt of Audubon IA, on August 12.

Susan Heichel on the death of her mother on August 12. Susan is the director of FirstKids Preschool and Daycare (hosted in our church).

Mary Cook and her family on the death of her father, Dallas Williams, on August 10.

Celebrate With Chuck Roudebush

Dr. Charles Roudebush (Chuck) will celebrate (with social distancing) his 90th birthday on Sunday, September 13 from 1:00-3:00pm under the canopy at the west entrance of our church. Please stop by to greet him and receive a treat to take home with you. No gifts, please, but cards are welcome. Hope to see you there!

Thanks from the Wee Care Team

Many thanks to all of you who have continued to support Wee Care. We have continued our distribution appointments during this pandemic time, helping with basic needs for our little friends. We know the families who receive our support are especially appreciative.

Bobbette, Nancy & Cindy - the Wee Care team

Do We Know How To Reach You?

As the volunteer callers have been trying to contact people, they are finding several whose phones are disconnected, probably because they have switched to cell phones. Please remember to contact the church office if your phone number or address has changed.

First United Methodist Church

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First United Methodist Church, Cedar Falls



Worship

Sunday, 8:30 & 10:00 a.m. Livestream on Facebook & in-person
Sunday, noon video and worship resources at aboutfirst.com
Daily, 6:00pm reflection and prayers, Facebook Live

Television

Cedar Falls (CFU) Channels 18 or 95.5, Friday @ 8:00 pm, Sunday @ 9:00 am
Waterloo (MediaCom) Channel 17, Sundays @ 11:00am & 8:00 pm

Our Pastors

Scott Kober, Lead Pastor, scott.kober@aboutfirst.com

Matt German, Associate Pastor, matt.german@aboutfirst.com

Staff (in alphabetical order)

Sam Barr, Transformation Music Coordinator
sam.barr@aboutfirst.com

Dee Behr, Parish Visitor
dee.behr@aboutfirst.com

John Bentley, Head Custodian

Susan Chizek, Finance Manager
susan.chizek@aboutfirst.com

Chris Congdon, Media Coordinator
chris.congdon@aboutfirst.com

Lisa Congdon, Office Ministry Coordinator
lisa.congdon@aboutfirst.com

Haleigh Derhammer, Middle School Youth
youth@aboutfirst.com

Carol Dick, Parish/Grief Support Coordinator
cdick@cfu.net

Jenna Engel, Christian Education Coordinator
jenna.engel@aboutfirst.com

Bevan Lucas, Music Ministry Coordinator

Lorri Schofield, High School Youth
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