



# aboutfirst

LOVE FIRST. LET'S GATHER, GROW, GO TOGETHER



OCTOBER 2023, FIRST UNITED METHODIST CHURCH, CEDAR FALLS



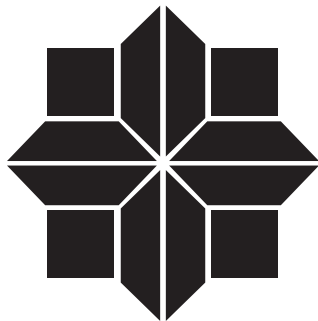
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Issue 276,  
October 2023

First United Methodist Church  
718 Clay Street  
Cedar Falls, Iowa, 50613  
aboutfirst.com

Announcements and editorial content for publication may be submitted to the First UMC media office by the 20th of each preceding month.  
Email to:  
katie.greuel@aboutfirst.com



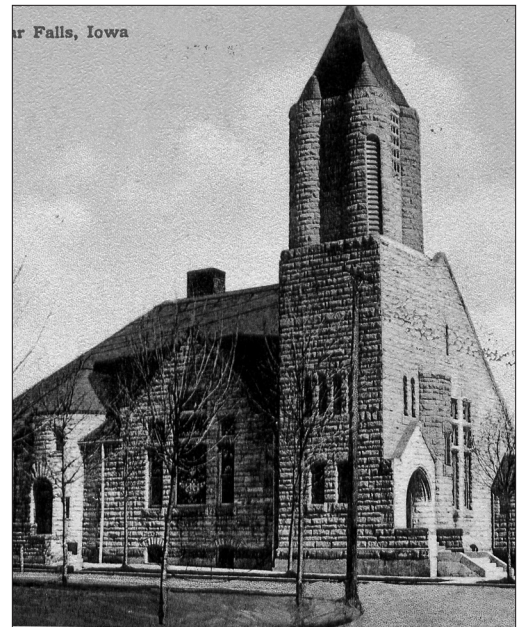
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# news

## Historical Society Church Tour

Churches have been contributing to the life of our Cedar Falls community from the very beginning, and the Cedar Falls Historical Society will be featuring some of our city's longest-living congregations in a Historic Church Tour on

Sunday, October 15, from 1:00 – 5:00 p.m. Our First UMC is among those churches. Our building will be open for you to explore with interpretive signage, tour guides, and a video showing the evolution of our congregation and facility. And, we encourage you to visit the other featured churches as well. It will be possible to walk to most of them, as they are our neighbors here in the center of the city. Don't miss this special event organized by the Cedar Falls Historical Society, and celebrate our 165 years of mission and ministry.



## United Women in Faith

The September unit meeting of the United Women in Faith was held on Thursday, September 14 at 1:00 in the parlor. The guest speaker for this meeting was Dr. Latisha Smith, who is the Educational Services Director for Tri County Head Start. The mission of Tri County Head Start is to inspire every child and support every family. They cater to families living in poverty, the homeless, people receiving public assistance, foster children, and pregnant women. They have three sites: Lily Ferguson, Maywood, and the Learning and Community Center. Additionally, home based services are provided for people who cannot get to a center or do not feel comfortable going to a center. Tri County works in partnership East Buchanan, Dunkerton, and Jesup schools and with the Hawkeye Child Development Center and the YMCA. They are funded to serve 838 children but currently serve around 500. This is due primarily to a lack of staff. Some of their services include immunizations, physicals, dental exams, and developmental, social, and emotional screenings. Many children they serve have experienced trauma. They serve USDA approved meals and snacks and maintain a garden cart with fresh fruits and vegetables. A major focus for Tri County is to engage and educate families and prepare children to successfully enter school.

## Everyone Loves a Bazaar!

Get ready for the Mission Ingathering Bazaar on October 15th and 22nd during Sunday church activities from 9-12:15 in the Gathering Place.

You've got to be tough to live in Iowa. One week you have the air conditioning keeping out the 90-degree heat and humidity and the next you're thrown into thoughts of golden foliage, pumpkin spice and cozy blankets. With the changing Iowa seasons in mind, we invite you to join us for a special event that supports a great cause. The Mission Ingathering, a cherished United Methodist tradition now in its 43rd year, is all about helping those in need.

Our church has been diligently putting together kits for Midwest Mission, sending essential supplies to places where they are most welcomed. From student kits with school supplies for African countries to rice meals that traveled to Ukraine to feed people who had lost their homes, our efforts have made a difference. Ingathering also collect funds for various causes like Self-Help International, Heifer Project, Mobility Worldwide, and Church World Service Blanket Project. Many of which have been featured as our mission of the month. Explore their impactful work at their respective websites.

To continue our mission of giving, we're hosting a Bazaar filled with autumn and holiday-themed crafts and a bake sale. Whether you're crafting, baking, or shopping, your involvement matters. Sign-up sheets will be available at the Welcome Center, and the proceeds will support the shipping costs for Midwest Mission kits. Your generosity will have far-reaching effects, touching lives in ways you may never fully know.



## Renewal Leave: Time for Spiritual Rejuvenation

*"Don't be conformed to the patterns of this world, but be transformed by the renewing of your minds so that you can figure out what God's will is—what is good and pleasing and mature." Romans 12:2*

With the support of our church leaders, I am fortunate to receive approval for a renewal leave for 4 weeks in October and November. According to our Book of Discipline, clergy who have been in full time ministry may take a spiritual renewal leave of up to 4 weeks every four years. I last had a renewal leave 7 years ago, and I am grateful to our Staff Parish Relations Committee, Church Council, and District Superintendent for their support in this important time of renewal.

What does a spiritual renewal leave mean? Well, this is a time for me, as your pastor, to be renewed in mind, body and spirit. Pastoral ministry, like so many vocations, can drain our spiritual tanks. It often takes getting away for a bit from the 24/7 nature of ministry to truly refresh, refill, and allow for renewal.

What will I be doing during this time of spiritual renewal? I hope to rest and recharge. I will be spending some time in the Boundary Waters Canoe Area Wilderness and pursue my interests in pottery (I am excited to build a wood-fired ceramics kiln!).

Please know how grateful I am for you and for this opportunity. I am so honored to be your pastor and for the support of our awesome staff. I am already looking forward to returning to you as we continue our sixth year of ministry together!

Blessings,

*Pastor Scott*



## Local Clinic is our October Mission of the Month

### ACE-SAP FREE CLINIC

Our Mission of the Month is a great local cause that fills a gap in the healthcare landscape and is a win-win for the community. The ACE-SAP Free Clinic is a partnership between the Salvation

Army and Allen College. It is a free clinic that allows students in Allen College's Nurse Practitioner program to gain valuable clinical experience while providing free or low-cost medical care to those who are unable to pay for service at traditional providers.

Nurse Practitioner students serve under supervision of a teaching CNP and are able to provide:

- Complete health history and full physical (health check-up)
- Treatment of minor acute illnesses or chronic conditions
- Medication assistance available
- Cholesterol and blood sugar screening done on-site with results ready in 5 minutes.
- Health education
- Several immunizations recommended for adults are available at no charge
- Referral to local resources

The ACE-SAP Free Clinic was founded by FUMC's own Rus DeBonis and is an example of a creative approach to combine existing assets to serve others. The NP students win by gaining valuable experience, and the community wins by having a place for the under-served to receive medical care.

The ACE-SAP Free Clinic is our October Mission of the Month and you can contribute online at the secure giving portal of our website [aboutfirst.com/giving](http://aboutfirst.com/giving), or by sending a check to the FUMC office

## The Northeast Iowa Food Bank Needs You!

We'll be sending crews to the Food Bank on **Thursday, October 12** from -2 to 4 pm and **Tuesday, October 17th** from 9 to 11 am. If you are interested, please sign up on the clipboards at the Welcome Desk in the Gathering Space. If you can't make it every month, that's okay! Rides are available from the church to the food bank and if we are working in the refrigeration area you will be contacted in advance.



# One Day Missions - Gather, Grow, GO

## Midwest Missions

We are working towards doing a mission trip to Midwest Missions in Jefferson each month. A trip is planned for October 2nd and another will take place in early November. We leave at 9:00 a.m., stop for lunch and work from 12:30 to 4:00. We should be back at the church before 6:30. Activities at Midwest Missions Jefferson include rice meal packaging, weaving mats, sewing, repacking kits and cutting things out for future use. There's a sign up sheet at the Welcome Center. Join us for fun, fellowship and a feeling of satisfaction.

## Fundraiser for Cedar Valley Angels



Cedar Valley Angels, a mission we sponsor, will be holding a fundraiser on October 20th at 5:30 at the Diamond Event Center. There will be a silent auction, dinner, games and dueling pianos throughout

the evening. If you'd like tickets, go to: <https://events.handbid.com/auctions/foster-the-future-2023>

## Feed My Starving Children Rice Pack in October

Westminster Presbyterian Church is holding their 15th Annual Feed My Starving Children Rice Packaging Event from October 16 -18th at Westminster Church, 1301 Kimball Avenue, Waterloo. Registration begins in mid to late September. Check out their website for self registration. This is a great opportunity to get a small group together for fellowship while supporting a very worthy cause.

URL: [give.fmsc.org/westminster](http://give.fmsc.org/westminster) URL: <https://give.fmsc.org/campaign/2310-161ea-waterloo-ia-westminster-presbyterian/c487806>



## Salvation Army

We've adopted a Red Kettle! On Saturday, November 18 FUMC will be manning the kettle at Fareway on Main Street, Cedar Falls from 10 a.m. until 6 p.m. Sign up at the

Welcome Center to ring the bell with friends or family. There will be 1 hour shifts. Help the Salvation Army to

help the Cedar Valley.

You can also sign up for other days, times and locations by signing in at Register to Ring. <https://www.registertoring.com/>

## Help the Wee Ones

Donate to our Wee Care closet. Grateful parents of wee ones come to our church every Tuesday afternoon to pick up a supply of much needed baby goods. This gap ministry through LoveINC helps struggling families in our own community stretch their dollars. Diapers of all sizes are always appreciated, along with wipes, baby wash, baby lotion, 8 oz bottles and sippy cups. If you see a good deal on end-of-season baby clothes feel free to bring them in. We have a place to store them until the appropriate season. Your donations make a difference.



## Community Meal

A free meal is served every Tuesday from 4:30 to 6:00 pm. It is open to anyone in the community as an opportunity to meet with friends, or to stretch their food budget a

bit. We host the meal every week, and other area churches take turns providing the meal and the workers. Our church's commitment is the 4th Tuesday of each month. **Thank you to all who have volunteered to be a part of this. At this point our biggest need is dessert – cookies or bars are preferred.** If you are willing to bake for the meal the 4th Tuesdays of each month, or any month, please contact Maxine Kehret at 319-610-4191.

## Got extra fabric? Bring it in!

There is always a need for durable/sturdy fabric to make school bags and other stitching projects. The Stitchers & Quilters also could use decent sized lengths of cotton quilting fabric for comfort quilts, baptism quilts, and quilts for foster kids, as well as school bags and quilts for Midwest Mission. There is a designated bin for your quality fabric donation in the church collection site on the main level of the church in the little hall across from the drinking fountain.



## October 3 - Grief Support

Where: Church Parlor

When: 2:00 to 3:30 pm

Grieving the loss of a loved one is a difficult journey. Your church family cares and offers several forms of support including: one-to-one individual support, social outings, a quarterly grief newsletter, and a monthly support session. If you have suffered the loss of someone special, you are welcome, whether you are a member of our church or not. If you know someone who is grieving, please pass along this information.

## October 10 - Card Making

Where: Gathering Place

When: 1:00 to 4:00 pm (Come-and-go)

October is the month we make cards for the Western Home Communities! We will meet on Tuesday, October 10th in the Gathering Place as usual. The Friends of the Western Home group sells the cards in each of five different buildings and uses the funds raised for special projects. We challenge you this month to come and join us and invite a friend to help. Bring a snack to share if you'd like.

## October 12 & 17 - Food Bank

Where: Food Bank

The Northeast Iowa Foodbank Needs You! We'll be sending crews to the Food Bank on Thursday, Oct.

12 from 9-2 to 4 pm and Tuesday, Oct. 19 from 9 to 11 am.

If you are interested, please sign up on the clipboards at the Welcome Desk in the Gathering Space. If you can't make it every month, that's okay! Rides are available from the church to the food bank and if we are working in the refrigeration area you will be contacted in advance. Remember to wear closed toe shoes.

## October 15 & 22 - Mission Ingathering Bazaar

Where: Gathering Place

When: 9-12:15pm

We're hosting a Bazaar filled with autumn and holiday-themed crafts and a bake sale. Whether you're crafting, baking, or shopping, your involvement matters! Sign-up sheets will be available at the Welcome Center. See page 2 for more info.

## October 25 - Harvest Hullabaloo

Where: Parking Lot

When: 5:30 - 7:30 pm

Trunks, treats and games! See page 9 for more information!

## October 19 - 1st Friends Potluck

Where: Gathering Place

When: 12:00 pm

Come and join us for good food, fellowship and

fun. This is a great opportunity to get acquainted with others in the church and have lunch with the church staff. Couples and singles are welcome. All you have to do is bring a dish to share and your own table service. We will have the coffee pot on and ready to serve at 12:00. Dominoes, cribbage, and card games follow the meal until 2:00.

## October 23 - LifeServe Blood Drive

Where: Gathering Place

When: 12:30-6:00 pm

Our monthly Blood Drive will be Monday, October 23 from 12:30-6:00. They have quite a few appointments slots to fill, and the need is great. Appointments are encouraged, but not required. Sign up to donate at [www.lifeservebloodcenter.org](http://www.lifeservebloodcenter.org).

## October 23 - Crafters Corner

Where: Parlor

When: 6:00-8:00 pm

Get your crafting project lined up and join the group on the 4th Monday of the month from 6:00-8:00 in the Parlor. Please contact Crystal Wilken at [crystalwilken@gmail.com](mailto:crystalwilken@gmail.com) with any questions.

## Nov. 8 - Disciple Bible Study Class

When: Wednesdays 6:30

Pastor Scott is looking for those who might like to take the new Disciple Bible Study program which uses an app and in-person/Zoom meetings to read, hear audio lectures, watch videos and chat throughout the course with fellow participants. The in-person/Zoom group will begin Wednesday, November 8 with an orientation session.

Disciple covers 60% of the Bible in 24 weeks. Have you ever wanted to know more about the Bible, how it was written, what the historical movements were in theology, who the different books were written for and when? Would you like access to top notch scholars, theologians and historians. Let Pastor Scott know today if you would like to join!

## Yoga Mondays

Where: Fellowship Hall

When: 4:45-5:45 pm

Join us for an hour of yoga on Monday afternoons at 4:45. Bring your own yoga mat (and blocks if you have them) and meet in Fellowship Hall. The cost is \$7 per session, and you can pay Angie each time or she will accept payment at month's end (cash or check only).

## Facebook Fridays

On Fridays about noon one of our pastors will give a preview of next Sunday's message.

## Worship Schedule

### SUNDAY MORNING

#### Worship Schedule

8:30 am Traditional Worship Service, Sanctuary, live stream at [aboutfirst.com](http://aboutfirst.com)

9:00-11:15 Fellowship, Gathering Place

9:15 am Transformation Contemporary Worship, Fellowship Hall live stream at [aboutfirst.com](http://aboutfirst.com)

10:00 am Sunday School for all ages

11:15 am Traditional Worship Service, Sanctuary

Previous services are archived on our First UMC CF YouTube channel.

### WEDNESDAY NIGHT

5:30-6:00 Filling Station Meal, Gathering Place

6:00-7:30 G3 Youth Ministry

6:00-6:30 FUSION Tonight, Theater Fellowship Hall

6:00-7:30 BLAST, Lower Level

6:30 Small Groups

7:30 Chancel Choir Rehearsal

# Find your Place in God's Great Story



## Help Needed!

### TECH VOLUNTEERS

Tech volunteers get to use the same cool equipment and do the same important job as our paid staff, but they have more flexibility to pick and choose the Sundays and services they work. We can't do this without volunteers. No experience necessary – we can teach you what you need to know. Email [chris.congdon@aboutfirst.com](mailto:chris.congdon@aboutfirst.com) for more info.

### GREETING

As a greeter you are our guest first encounter. You will be responsible for welcoming all who enter our doors. We need greeters at the First and Second Services. Greeters will be placed at the main doors to Welcome our guests. Email [Jenna.engel@aboutfirst.com](mailto:Jenna.engel@aboutfirst.com) for more info.

### EDUCATION

Explore various opportunities to join our ministry teams, including becoming a lead teacher for 1st-2nd graders in Sunday

school, engaging with kids from Kindergarten to 5th grade on Wednesday nights, or working with 6th-12th graders in the Youth program. Additionally, there's an opening in our Wednesday afternoon cook team. If your availability is limited you can still contribute by donating food for our Wednesday night meals. Reach out to Jenna Engel at [jenna.engel@aboutfirst.com](mailto:jenna.engel@aboutfirst.com) to learn more or get involved.

## Reminders:

### ALTAR FLOWERS

The altar flower calendar is at the Welcome Center. Sign up now to recognize a special date or to honor a loved one with flowers for the altar. Have the flowers delivered to the church on Friday, please.

### HOSPITAL INFO

Governmental regulations prohibit health care facilities (this includes hospitals, assisted living and nursing homes) from sharing information about their patients and residents, so if you want your church family to know you need our love and prayers, please call

the church office.

## JOIN THE FACEBOOK GROUP

We have created a Facebook group called First Friends and Family to allow everyone to interact and share the ways they are finding to Love First. Head over to our church Facebook page, select 'visit group'. You should find the button under the banner. Want to join? Click the member request button and we will be sure to add you.

## TAKE A FREE RIDE

We have a bus driver – could use more riders!

A big thank you to John Muncy for volunteering to drive the church bus the 1st Sunday of every month.

The bus picks up riders for the 11:15 worship service. If you like the idea of door to door service and live in Cedar Falls, consider riding the bus as an option. Please contact the bus coordinators Janet & Steve MacTaggart at 319-404-0077. They can answer your questions get you on the schedule for rides.



# education news

## Harvest Hullabaloo—Oct. 25th

Join us for our annual Harvest Hullabaloo!

5:30-6:30 Trunk -or-Treating

6:30-7:30 Dinner, games and youth fundraiser.

Trunks will be in the main parking lot. After trunks close up join us inside in the Gathering Space for food, games and be sure to participate in the youth cake walk fundraiser. The youth are raising money for their annual Mission Trip. Be sure to stop by and ask where they will be going.

If you would like to have a trunk we have two different ways for you to sign up. First, there is a sign up sheet at the welcome desk. Second, we have a sign up genesis for you. Be sure to share your name and your theme for your trunk.

We can't wait to see all the fun trunks everyone will think of! Sign up at this link:

<https://www.signupgenius.com/go/10C0E45AFAE22A4FCC34-44550241-harvet>



### Pancake Dinner Fundraiser - Oct. 11

We will be making and serving breakfast for dinner at the Filling Station on Wednesday, October 11 to raise money for next summer's mission trip to Kentucky! If you plan to attend the trip (7-12 graders), please plan to be there. This fundraiser is a big hit! Church members— cost is a free will donation, and all money raised goes directly to our mission trip fund. If you can't be there but would still like to help, we would appreciate donations of ingredients for the dinner! We need: 6 boxes of pancake mix, 2 bags mini chocolate chips, 2 cans of whipped cream, 2 bottles of syrup, 6 dozen eggs, 2 fresh fruit trays, 2 big bottles of orange juice. If you are able to contribute any of these items, please let us know at [youth@aboutfirst.com](mailto:youth@aboutfirst.com). Thank you!

### Cake Walk Fundraiser - Oct. 25

As part of our Harvest Hullabaloo on Wednesday, October 25, we will again be doing our cake walk fund-

raiser! Cost to participate is a free will donation. All money raised goes directly to our mission trip fund. If you plan to attend the mission trip next summer (7-12 graders), please plan to be there. If you would like to contribute baked goods to our cake walk (doesn't have to be cake!), please let us know at [youth@aboutfirst.com](mailto:youth@aboutfirst.com). Thank you!

### Confirmation Class on pause this year

Traditionally, our church holds confirmation class each year for students in 8th grade (or older students who have not yet been confirmed). In order to gather a bigger class and provide a better group experience for our students, confirmation class is on pause for this school year. Next year, we will invite all 8th-9th graders (and older) to join a bigger confirmation class, getting confirmed in spring of 2025. If you have a student in this age range, stay tuned for communications coming next summer!

### Save the Date: Fall Lock-in - October 7-8

Save the date for our fall lock-in happening October 7-8 here at our church! Activities start at 6:00pm on Saturday the 7th. We will play games, do devotions together, and make our annual cookie mix jars to sell between services the next morning. Youth in grades 6-12 are welcome to attend and bring a friend— we will be hosting our friends from West Des Moines UMC too! Bring everything you need for an overnight stay. Dinner, snacks, and breakfast will be provided. Contact Haleigh at [youth@aboutfirst.com](mailto:youth@aboutfirst.com) with questions.



## Send a Card or Note

Send a card or a letter to our friends in care facilities and unable to attend church. Phone calls and cards are also much appreciated for

those who are staying home. Think of who sits around you in worship or in a group, and give them a call or a card. We still have updated photo directories at our Welcome Center. Pick one up Monday-Friday.

**Marlys Cook, Judy Focht (rm36), Geri Gilbert (rm 39), Shirley Huffman (rm 19)**  
Martin Suites  
420 E. 11th St  
Cedar Falls IA 50613

**Wanda Chase, Tony Lake (rm 9), Homer Leymaster (rm 13), Emogene Marty, Marcia Simpson**  
Windhaven Assisted Living  
5500 S. Main St  
Cedar Falls IA 50613

**Barb Spates**  
Thalman Square  
5500 S. Main St  
Cedar Falls IA 50613

**Sue DeBower (201), Harold Krebs, Nick Teig (208)**  
Deery Suites  
5301 Caraway Lane  
Cedar Falls IA 50613

**Faye Rohwedder**  
Nation Cottage  
5111 Caraway Lane  
Cedar Falls, IA 50613

**Vivian Hill, Donna Hoffman (D109), Dorothy Schwab (MC4), Mary Shepherd**  
New Aldaya Lifescapes  
7511 University Ave  
Cedar Falls IA 50613

**Joy Sires, Donna Tiller (1304)**  
CedarStone Senior Living  
4715 Algonquin Dr  
Cedar Falls IA 50613

**Betty Fanning, Chet Starr**  
Bickford Cottage  
5101 University Ave  
Cedar Falls IA 50613

**Betty O'Brien**  
Friendship Village Lakeview Lodge  
312 Southbrooke Drive #39  
Waterloo IA 50701

**Kathy Gill**  
LaPorte City Specialty Care  
1100 US-218  
La Porte City IA 50651

**Dixie Messerschmidt**  
Boysen Heights Senior Living  
765 Boysen Rd NE #115  
Cedar Rapids IA 52402

**Darlene Prashak**  
Heritage Care and Rehab Center  
501 S. Kentucky Ave  
Mason City IA 50401

**Delores Berger**  
613 W. North St Apt 7  
Madrid IA 50156

**Jack Hovelson**  
14581 W Parkwood Dr #101  
Surprise AZ 85374

## Give Through Our Website or Your Phone

Online giving is great for you, because you can do it any time, any place, and you don't need to carry cash to church. Recurring (automatic) giving is great for you, because you won't have to try to remember to write the check. Recurring giving is also great for the church because it provides a predictable income stream for budgeting and planning purposes.

Our secure online giving portal allows you to make one-time offerings, or to set up a recurring gift. Check it out today.

<http://aboutfirst.com/giving>

or, download the GivePlus app to your mobile device and give directly from your phone. Available for androids and i-people. Or use our handy QR Code below!



## Thank You

Dearest Church Family,  
I want to say a great big Thank You for all of your faithful prayers for my sister Sarah Hawker. Our family appreciates them so much and they have been greatly needed and felt! God is good! Sarah is back in Iowa! She is doing well and making daily improvements through the able hands at On With Life! Much love and gratitude,  
*Nancy Frandsdal*

We would like to thank all those who sent us cards for our 62nd anniversary. It was greatly appreciated.  
*Dorothy & Jim Schwab*

We would like to thank all of you for helping us celebrate our 60th anniversary and the opening of our event center. We are very blessed to be a part of such a caring congregation.  
*Joe and Linda Bohr*

Thanks to Jane for delivering the lovely flower. Sorry I wasn't home; I could have used a hug. Also thanks to all the staff for the birthday card.  
*Jim Peterson*

## Sympathy

Family and friends of Bill Shepherd. Bill died August 29.

Nancy Miller and her family on the loss of her brother, Curtis Gravatt, on September 10.

Family and friends of Sharon Krebs. Sharon died September 16. Her memorial service will be held at Windhaven in November.

Beth Thompson and her family on the death of her son, Matthew,

on September 16. Beth has been a regular worshipper with us and plans to join our church family.

## Congratulations

Noah Joseph was born August 23 to Jasmine & Nick Lathrop. Noah is the great-grandson of Dennis & Charlene Waller.

Callen Evan Grimm was born August 30 to Kristine & Jeremy Grimm.

## Welcome

Agnes Josephine Marks was baptized on September 10. Her parents are Ehren & Ashley Marks, and great-grandpa is Paul Klotz.

Larry Myers joined our church family on September 10. He comes to us from Asbury UMC in Cedar Rapids.

## Celebrate Our Pastors

October is Clergy Appreciation Month, a wonderful opportunity to express gratitude for the dedicated pastors who enrich our spiritual journey. Small gestures of appreciation can make a big difference. Consider sending heartfelt cards, emails, or even surprising them with gift cards, their favorite treats, or a thoughtful book. Taking them to lunch, bringing their preferred coffee or beverage, or gifting tickets to a movie, concert, or sporting event are also meaningful ways to show your support. Your kindness will surely brighten their spirits and remind them of the love and support within our congregation.

## Church Directories

If your picture is in the church directory, you have a church directory waiting for you at the Welcome Center. Find the one with your name on it and take it home with you today.

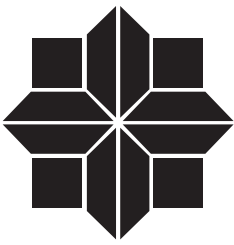
## Help us complete Personal Dignity Kits!

We need more shampoo and deodorant for the personal dignity kits for Midwest Mission Distribution Center. Our goal was 100 kits and we still need 12 to 16 oz. bottles of shampoo, individually wrapped toothbrushes and 3 to 4 oz. individually wrapped bars of soap. There is a tub under the mission table in the Gathering Place to place your donations. We'll collect these until October 8th.



**We are a Dementia Friendly Organization!**





**FIRST UNITED**  
METHODIST CHURCH

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## First United Methodist Church, Cedar Falls

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### Sunday Worship

8:30 am	Traditional Worship Service, Sanctuary
9:00-11:15	Fellowship, Gathering Place
9:15 am	Transformation Contemporary Worship, Fellowship Hall
10:00 am	Sunday School for all ages
11:15 am	Traditional Worship Service, Sanctuary

### Television

Cedar Falls (CFU) Channels 18 or 95.5

Friday @ 8:00 pm, Sunday @ 9:00 am

Waterloo (MediaCom) Channel 1

Sundays @ 11:00am & 8:00 pm

### Our Pastors

Scott Kober, Lead Pastor, scott.kober@aboutfirst.com

Karen Nelson, Associate Pastor, karen.nelson@aboutfirst.com

## Staff

(in alphabetical order)

Dee Behr, Parish Visitor  
dee.behr@aboutfirst.com

John Bentley, Head Custodian

Chris Congdon, Media Coordinator  
chris.congdon@aboutfirst.com

Lisa Congdon, Office Ministry Coordinator  
lisa.congdon@aboutfirst.com

Ben Edwards,  
Transformation Music Coordinator

Jenna Engel, Director Christian Education  
jenna.engel@aboutfirst.com

Haleigh Ernst, Middle School Youth  
youth@aboutfirst.com

Katie Greuel  
Dir. Communications and Online Media  
katie.greuel@aboutfirst.com

Patricia Harkin, Finance Manager  
patricia.harkin@aboutfirst.com

Bevan Lucas, Music Ministry Coordinator  
bevan.lucas@aboutfirst.com

Sue Ney, Grief Support Coordinator  
scney1952@gmail.com

Lorin Schofield, High School Youth  
youth@aboutfirst.com

Jane Wyckoff, Parish Visitor Coordinator