



aboutfirst

LOVE FIRST. LET'S GATHER, GROW, GO TOGETHER



OCTOBER, 2021 FIRST UNITED METHODIST CHURCH, CEDAR FALLS

Practicing Love First



I placed it perfectly on the back window of my vehicle. That “Love First” window cling we got from our church. When I look in the rear-view mirror, there it is, every time, at the bottom, right in the middle, “Love First”. It’s perfect because it is a daily reminder to “Love First”. When someone is following me too closely, when someone cuts me off in a roundabout, when my patience is being tested by four rambunctious grandkids in the back, or when I drive away from a conversation that turns difficult. “Love First”.

It’s perfect because that is what I really want to do, “Love First”. It is my desire to have that as my default reaction to “Love First”.

How about you?

I am learning that it is more than just a clever motto, it is a daily challenge to live a life that glorifies the One who first loved me. (1 John 4:19) It’s a challenge when people don’t see life the way I do, or live life the way I think they should. It is a challenge when people, good people, people I love say and do things that are hurtful.

What does it mean to “Love First” outside of Sunday morning worship? My reflection leads me to the love chapter of 1 Corinthians, chapter 13 where it says; Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It is not rude, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres.

I must ask myself, when I am being really honest, do I love like that? Am I patient? Am I kind, always kind? Is there envy in my heart, do I ever boast? (Ok, maybe not out loud, but in my heart). Have I been rude, or focused on myself? Am I easily angered, keeping an exact record of those who have wronged me? Do I secretly rejoice when someone “gets what they deserve”? Am I quick to protect others, even if they see things differently than I do? Do I always trust, am I hopeful and willing to persevere even when things get hard?

I have a way to go yet, how about you?

What will it look like when all of us who claim that motto, really learn to live it, every day, everywhere? What a difference that will make in our lives, in our church and in our community.

Now that it is placed perfectly on my car window it must be placed perfectly on my heart. Thanks for the reminder, church! I will help you live into that motto if you will help me!

Love First,
Pastor Karen

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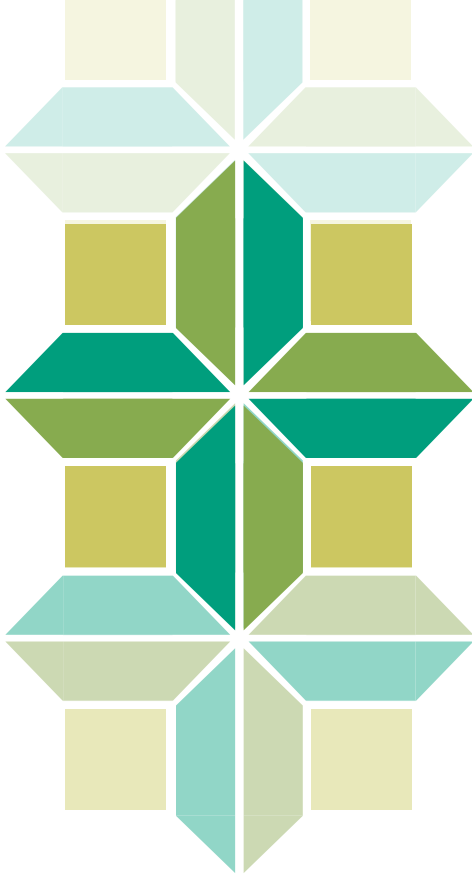
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October 2021

First United Methodist Church
718 Clay Street
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aboutfirst.com



FIRST UNITED
 METHODIST CHURCH
 CEDAR FALLS

A Symbol for All of Us

How do you choose a symbol to represent a diverse group of people?

As a graphic designer, it is part of my job to incorporate values, history and shared culture into the work I produce for our church. Over the past year, I have tried to soak in as much detail about our church that makes us unique, what makes us, Us.

I explored many symbols and icons in early sketches. What endured in my mind and work remained the quintessential cross. Not really surprising, it is the most powerful and prevalent symbol of our faith. What was important to me is that it said something unique about us, who we were, where we came from and where we are going, together.

As I am sure you know, Iowa has a strong connection to the art of the American quilt. Iowans have been quilting since pioneers first arrived to settle the land and cultivate its God given rich soil. Quilting is a strong symbol of our shared heritage. A beautiful artform that expresses the love of family, community, and comfort that is so prevalent in our shared American, and Iowan, history. We also have an important and thriving quilters group right here in the church that serves at the heartbeat of our community. I couldn't think of a better symbol to fuse with a cross to represent us.

The final iteration is the one you see to the left. It is a version of the eight star cross. In researching quilt patterns I felt it strongly connected to the idea that I was trying to exemplify.

"Stars are probably the most common motif used on quilts. Homesteaders traveling West used the stars for guidance; and they looked upon stars as religious symbols of their faith in God. There are hundreds of star patterns. Some quilts have just one large radiating star, often called the Star of Bethlehem or Blazing Star, while in other quilts, dozens of smaller stars are used. The simplest and most popular star pattern is an eight-pointed star."

. -National Park Service, Quilt Discovery Experience

Our congregation is like a pieced quilt. We are all different shapes, sizes and patterns. Fitted together, we form a beautiful, functional work of art for the glory of God. I hope our new logo reminds you of that, and helps you to feel proud to be a part of God's great quilt.

Blessings,
Katie Grendel

October

Confirmation Classes

When: Beginning October 3rd
Beginning October 3rd all 8th grade and older youth will be invited to join the Confirmation Class for 2021/2022. There will be a Parent Mentoring program that will take the place of class sessions November 21 through January 30. Finally, Confirmation Sunday will be April 24th.

If you have any questions, please contact Pastor Scott 319-266-1713.

October 5 - Grief Support Session

Where: Parlor

When: 2:00 - 3:30 pm

If you are grieving a loss, often it can help to meet with others who care and understand. Our next monthly support session will be Tuesday, October 5th from 2:00 to 3:30 pm in the church parlor. These sessions provide a safe, confidential setting in which to share your feelings and concerns. If you have questions, please call Carol through the church office at 319-266-1713.

October 24 - FUMC "Mini" Ingathering

When: 9:00am-12:30pm

Bake sale, Bazaar, Assorted quilt pieces on silent auction! Donations and shoppers welcome. The profits will be given to the Pictured Rocks District Ingathering.

October 25 - LifeServe Blood Drive

Where: Gathering Place

When: 12:30 pm - 6:00 pm

Our monthly Blood Drive will be Monday, October 25. They have quite a few appointments slots to fill, and the need is great. Sign up to donate at www.lifeservebloodcenter.org.

Crafter's Corner

Where: Parlor

When: 6:00 pm - 8:00 pm

Get your crafting project lined up and join the group on the 2nd and 4th Mondays of the month. (October 11 and 25) Please contact Crystal Wilken at crystalwilken@gmail.com with any questions.



Join the Facebook Group

We have created a Facebook group called First Friends and Family to allow everyone to interact and share the ways they are finding to Love First. Head over to our church Facebook page, select 'visit group'. You should find the button under the banner. Want to join? Click the member request button and we will be sure to add you.



Newcomers' Coffee with the Pastors Oct. 17 - 10:15 am

If you are new or newer to First United Methodist Church, our pastors want to get to know you! Come have a coffee with the pastors on Sunday, October 17 at 10:15am to hear about what is happening at First United Methodist Church and how you can begin to take next steps in getting connected. We look forward to seeing you there!

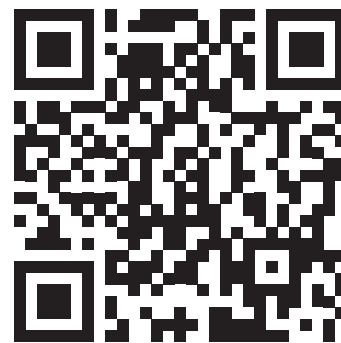
Give Through Our Website or Your Phone

Online giving is great for you, because you can do it any time, any place, and you don't need to carry cash to church. Recurring (automatic) giving is great for you, because you won't have to try to remember to write the check. Recurring giving is also great for the church because it provides a predictable income stream for budgeting and planning purposes.

Our secure online giving portal allows you to make one-time offerings, or to set up a recurring gift. Check it out today.

<http://aboutfirst.com/giving>

or, download the GivePlus app to your mobile device and give directly from your phone. Available for androids and i-people.



GIVE PLUS⁺
A VANCO COMPANY

SUNDAY MORNING

Worship Schedule

8:15 am	Traditional worship service, sanctuary
9:00-11:15	Fellowship, Gathering Place
9:15 am	Transformation Contemporary worship, Fellowship Hall
9:30-10	Kid's Corner, chapel
10:15 am	Sunday School for all ages
11:15 am	Traditional worship service, sanctuary

Masking inside the church building is recommended for all as Covid numbers continue to rise. Please continue to take precautions and social distance when possible.

WEDNESDAY NIGHT Your Church Night

Come out from 5-7:30.

5-5:45	Filling Station meal, Gather Place
6-6:30	FUSION Tonight, theater
6:00	younger BLAST kids in gym
6:15	Tower Bell rehearsal, sanctuary
6:30	WOW AA, 055
6:30-7:30	BLAST, gym and lower level
6:30	Youth group, 3rd floor
6:30-7:30	Saving Grace class, library
6:30	More Than Moms, parlor
6:30	Drive Thru History, chapel
7:30	Chancel Choir rehearsal, sanctuary

HOW TO WORSHIP ONLINE

Option 1

Facebook Live Stream

Watch Sunday worship live, as it happens on our First UMC Facebook page.
facebook.com/firstumccfmedia/

Option 2

aboutfirst.com

The online worship page at aboutfirst.com has service videos and worship resources including: links to the teaching scripture passage, kids' video, online sign-in, and online offering.

Option 3

Youtube Channel

Go to aboutfirst.com and click the 'sermons' graphic for a link to our channel

FACEBOOK DEVOTION

A devotion is offered on Facebook each Tuesday at 6:00pm with a rotating cast of characters.

On Fridays about noon one of our pastors will give a preview of next Sunday's message.

FIRST UMC IS ON CABLE TV

We have an hour timeslot on public access cable TV in both Waterloo and Cedar Falls. Our program includes a Sunday School story for children, a devotion from a church staff member, and the teaching session from last Sunday's service.

Cedar Falls (CFU) Channels 18 and 95.5,
Friday @ 8:00 pm, Sunday @ 9:00 am

Waterloo (MediaCom) Channel 17,
Sundays @ 11:am & 8:pm

Quilts for Auction

Our First UMC Quilters & Stitchers have been busy, and we have two quilts for auction this month.



Beautiful Blue

Every shade of blue, with floral details and wave stitching.

Fall Bounty

Shades of fall in a checkerboard pattern, detailed with intricate machine stitching.



Auction is online only from October 3 to October 23, and ends in person (silent auction) on Sunday, October 24 (see page 4 and 8 for more info). Quilts are on display in the Gathering Place. Proceeds support this year's Ingathering.



Mission Ingathering 2021

It's October already and that can only mean that November is right around the corner. With November we anticipate high school football play-offs, Thanksgiving and the United Methodist Church Mission Ingathering! With Covid still being part of our consciousness (I have a break through case right now in spite of being vaccinated, GRRR!!) we are going to try something a little different this year.

The United Methodist Women will be hosting a "mini" Ingathering on Sunday, October 24th from 9:00-12:30 here in the Gathering Place. There will be a bake sale, bazaar and a few assorted quilt pieces offered on silent auction. This would be a perfect time to pick up a handcrafted item as a Christmas gift or something to satisfy your hunger pangs.

Donations of either merchandise or cash are welcome and, of course, shoppers are especially needed. Profits will be directed to the Pictured Rocks District (formerly known as the Northeast Iowa District) of the UMC. From there the money will be used for the Mission Ingathering projects. Just recently Midwest Mission, one of our UMCOR partners, has done an excellent job of sending hygiene kits to hurricane and earthquake ravaged areas in the U.S. and globally. You have faithfully been bringing in items for these and various other kits for several months. On November 6th kits from around the state will be collected and sent to the Mission for distribution where most needed. This all takes financing.

We hope to see you all on October 24th! Thank you for your caring support!

Kim Rash

Stephen Ministers

Are named after Stephen, one of the first deacons in the early church, commissioned by the apostles to care for the needs of the people in the Christian community. Our Stephen ministry program complements other caring ministries at FUMC. It is a confidential ministry in which continuous effort is expended to maintain the trust between the person receiving care and the Stephen Minister as the caregiver. It is designed to help people going through a loss of some kind. Our team is:



S - SINCERE
 T- TOLERANT
 E- EMPATHETIC
 P- PRAYERFUL
 H- HELPFUL
 E- ENCOURAGING
 N- NURTURING

If you would like to talk to someone about our Stephen ministry program, please contact the church office, 319 266 1713.

Be a Blessing to Someone - Love INC

People in need will often approach a church for assistance. Unfortunately, many churches are not equipped to meet the variety of needs that are presented. That's not a failure of the churches - at their core, they are faith organizations, not relief agencies. But, the Christian imperative is to help. Love INC works like this: when someone approaches a member church for assistance, they are referred to Love INC. Love INC then conducts an interview to fully determine the need, and which church is best able to assist. Love In The Name of Christ (Love INC) pools the strengths of area churches and agencies to reach out to those in need - our church is one of over 30 that partner with Love INC..

You can be a blessing to someone today by volunteering with Love INC as a Clearinghouse or Community volunteer. If you're interested in serving with Love INC, fill out a volunteer form found at loveinccv.org or call 266-1264. They'll get back to you in the next couple of days.



Local Clinic is our Mission of the Month

ACE-SAP FREE CLINIC

Our Mission of the Month is a great local cause that fills a gap in the healthcare landscape and is a win-win for the community. The ACE-SAP Free Clinic is a partnership between the Salvation Army and Allen College. It is a free clinic that allows students in Allen College's Nurse Practitioner program to gain valuable clinical experience while providing free or low-cost medical care to those who are unable to pay for service at traditional providers. Nurse Practitioner students serve under supervision of a teaching CNP and are able to provide:

- Complete health history and full physical (health check-up)
- Treatment of minor acute illnesses or chronic conditions
- Medication assistance available
- Cholesterol and blood sugar screening done on-site with results ready in 5 minutes.
- Health education
- Several immunizations recommended for adults are available at no charge
- Referral to local resources

The ACE-SAP Free Clinic was founded by FUMC's own Rus DeBonis and is an example of a creative approach to combine existing assets to serve others. The NP students win by gaining valuable experience, and the community wins by having a place for the under-served to receive medical care.

The ACE-SAP Free Clinic is our October Mission of the Month and you can contribute online at the secure giving portal of our website aboutfirst.com/giving, or by sending a check to the FUMC office.

The "RESPONSE" Moment: September/October 2021 issue

Good Neighbors by Mary Beth Coudal, a teacher and writer in New York City

The Neighborhood Center, located in Utica, New York, supports neighbors struggling with poverty, young children, and mental health issues, acts as a senior center and assists new immigrants. Sandra Soroka, executive director, stays guided by these issues as they were the original mission when the center was opened in 1905 as the Italian Settlement House by six Methodist Women and remains a United Methodist-supported national mission institution. The name changed in 1945.

A playground was built and Marie Russo, a child served by the center, grew to become the fifth director. She recalls the most unusual experience of being loved unconditionally. Marie had a hard time believing that she could be loved. She didn't trust anybody and didn't believe them when they told her they cared for her and her family. But she claims that for the first time she experienced many joys of life including friendship and a hot shower. It became a refuge from the poverty, and sorrow in which she lived.

The Methodist Women, along with other volunteers, taught life skills. In 1952, 670 adults trained for new vocations at the center. The Neighborhood Center has brought people together regardless of their political leanings. The center is used for many activities and has even served as a polling place. Soroka says the way is to fully embrace the open hearts, open minds, open doors, a promise of The United Methodist Church.

The mission was hit hard by the pandemic, so they returned to their earliest mission: children. Following the Center for Disease Control and Prevention guidelines the Center transitioned to a hybrid model of learning, continuing to advocate for children and families who depend on the center for school, after school time, and early childhood assistance.

In the first month of 2021 the Center lost \$53,000.00 attributed to the pandemic. Someone donated ten sleeping bags that she thought would be used at the local Methodist Camp. Instead, she found that they had become the only blanket owned by designated families and shared by all the family members. She encourages fellow United Methodist Women to directly support the mission and other United Methodist Mission Institutions.

The Neighborhood Center, as it reopens, is looking forward to the return of 380 seniors. They do socialize a bit and play some games, but they also act as mentors for the children and assist with children during the after school program.

"walking the paths with our neighbors" is how Soroka describes the work of the Neighborhood Center. This leads down many paths and ways of walking with the surrounding neighbors as there are many facets to this longtime community gem in Utica, New York. Drawing on its history, the center will continue to persevere.

Paraphrased by Stephanie Buchs - Education and Interpretation Coordinator

UMW Unit Meeting Programs

The Iditarod Trail Sled Dog Race is an annual long-distance sled dog race run in early March from Anchorage to Nome, over 1,000 miles entirely within the US state of Alaska. Mushers and their team of dogs cover the distance in 8-15 days or more.

Any of us could learn this bit about the Iditarod by just checking it out on the internet. Our United Methodist Women learned so much more about this race when Jim Kenyon shared stories of his time as a veterinarian for the race which, by the way, has been won several times by two

different women! It was amazing to learn of the care that is given to the dogs that run the race and how much those dogs love to run.

Thank you to Jim Kenyon, one of my personal favorite story tellers, for sharing with us.

The October UMW unit meeting program, "Bold Women", will be presented by Lynn Calvert, Dean of School for Lay Ministry, Thursday, October 14th at 6:30 p.m. in the sanctuary. United Methodist Women programs are open to everyone. Please plan to join us.

Jan Benson, UMW Vice-President

Upcoming Dates

OCTOBER 2 - SATURDAY

IOWA ANNUAL CONFERENCE UNITED METHODIST WOMEN ON ZOOM

OCTOBER 6 - WEDNESDAY

6:30PM: MORE THAN MOMS, PARLOR

OCTOBER 11 - MONDAY

9:30AM: UNITED METHODIST WOMEN BOARD MEETING, LIBRARY

OCTOBER 13 - WEDNESDAY

6:30PM: MORE THAN MOMS, PARLOR

OCTOBER 14 - THURSDAY

6:30PM: UNITED METHODIST UNIT MEETING. ALL WOMEN OF THE CHURCH ARE INVITED, LYNN CALVERT, DEAN OF THE SCHOOL FOR LAY MINISTRY PRESENTS BOLD WOMEN, SANCTUARY

OCTOBER 15-17 - FRIDAY, SATURDAY, SUNDAY

MISSION U, VIRTUAL

OCTOBER 18 - MONDAY

10:00AM: DEBORAH CIRCLE, PARLOR

OCTOBER 20 - WEDNESDAY

6:30PM: MORE THAN MOMS, PARLOR

OCTOBER 24 - SUNDAY

9:00AM -12:30PM: FUMC MINI INGATHERING, GATHERING SPACE, BAKESALE, BAZAAR, SILENT AUCTION ITEMS, WELCOME BAKERS AND SHOPPERS

OCTOBER 28 - THURSDAY

9:30AM: MARY CIRCLE, PARLOR

OCTOBER 28 - THURSDAY

4:30PM: HEARTS AND HANDS, GATHERING SPACE

NOVEMBER 3 - WEDNESDAY

6:30PM: MORE THAN MOMS, PARLOR

NOVEMBER 6 - SATURDAY

HOST PICTURED ROCKS DISTRICT INGATHERING. SAME FORMAT AS LAST YEAR

NOVEMBER 13 - SATURDAY

1:00PM-2:30PM: THE BLESSINGS OF PLAY SPONSORED BY IOWA/WEST OHIO UMW, REGISTRATION BEGINS OCTOBER 1ST



October Bible Verse

I lift up my eyes to the hills -- where does my help come from?

Psalm 121:1

Mission Witness

Since I retired, I am learning to quilt. One project that has touched me has been the presentation of Quilts of Valor to retired service personnel. One man that we recently honored with a quilt had just been told that he had only months to live. When we wrapped him with his quilt, it was a holy moment. God used this simple act of kindness to cover the person with God's grace. God gives each one of us skills to bless God's people.

Pat Coss, Order of Deaconess and Home Missioner, retired, Mesa, Arizona

Our relationships with colleagues here are as important as any skill we have to offer. Time chatting with fellow doctors after rounds over sweet tea is often more valuable than an hour or two of lectures on medical practices.

Lester Dornon, Global Missionary from the United States serving at Tansen Hospital in Nepal.

Kid's Creation Corner

Kid's Creation Corner is a new ministry we have started up. In Kid's Creation Corner we invite the kids to join in the chapel just off the Gathering Space. During this time they will have fellowship with their peers and will complete the weekly activity. Kids are welcome in the room at 9:15 and will be walked down to the Sunday school area at 10:00am.

In order to make this new ministry work we need two more volunteers. Please reach out to Jenna Engel at jenna.engel@aboutfirst.com if you are interested in volunteering.

Children's Sunday school

Children's Sunday school looks a little different this year. This year we are starting the Sunday school

time with Children's worship time. Here we get to burn off some energy while we listen to some of our favorite VBS songs. Then we have a children's sermons with some discussion.

We end the mornings in the classrooms hearing the Bible Scripture and complete an activity.

Trunk or Treat

We know this has become a favorite event. Please join us on Wednesday, Oct. 27th for a fun filled night. If you are interested in hosting a Trunk please contact Jenna Engel at jenna.engel@aboutfirst.com.



HELP WANTED!

SUNDAY MORNINGS

9:30 Kids Creation Corner

We are looking for 4-6 volunteers. Each volunteer would have one Sunday a month. In this new ministry our volunteer will lead the kids in a craft, outside play, games and help them display their creation on our new Kids Creation Board that will be located outside of the Chapel.

Sunday School Teachers

We need teachers to help in our Kindergarten-2nd grade class. Please consider contributing to the spiritual development of our young minds!

Greeting

As a greeter you are our guest first encounter. You will be responsible for welcoming all who enter our doors. We need greeters at the First and Second Services. Greeters will be placed at the main doors to Welcome our guests.

Welcome Desk

Help answer questions about the church when we have a visitor. You will hand out our Welcome gift.

Coffee & Fellowship

We need volunteers to help serve our baked good, make coffee and drinks. This position starts 8:00am and ends at 11:00am.

Calling all Singers

Choir is in full swing and now is the perfect time to come and lift your voice. Worried about adding another event to your hectic schedule? Don't sweat it, you can sing as often as you like, without committing to every Sunday. You don't even have to know how to read music; we will help you find your voice. Junior high to senior citizens and every age in between are welcome to come sing along. Join us for rehearsals on Wednesdays at 7:30pm in the Sanctuary.

Money Counters

We will need volunteers to go around and pick up Sunday school folders. Then you will count up attendance for Children's Sunday school and count money from the Adult classes.

WEDNESDAY NIGHTS

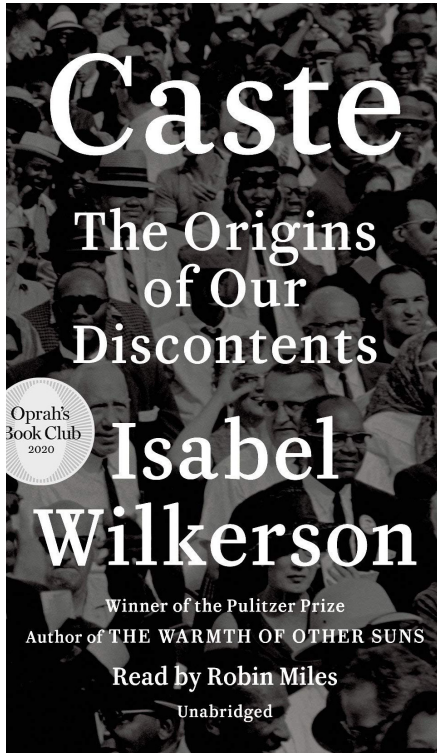
B.L.A.S.T. Volunteers

Spend some time mentoring and having a good time with our church's younger members.

First UMC is Seeking a Worship Leader!

First United Methodist Church is seeking a highly skilled Modern Worship Leader with a passion for music, leadership and ministry. The qualified applicant would provide strategic vision and leadership for the contemporary worship service/s, overseeing the weekend experience, providing leadership and guidance for the church in conjunction with pastoral leadership, as well as vision and strategy for growth and expansion of music/worship ministries. This position is salaried at 10-15 hours a week and starting annual pay would be competitive depending on experience and proficiency.

Email jenna.engel@aboutfirst.com
for more information,



Community Book Reading Event

The Cedar Valley Anti-Racism Coalition is promoting a community-wide book reading event again this October. Acclaimed by Time and the New York Times, this year's book is *Caste: the Origins of our Discontents* by Pulitzer Prize winning author Isabel Wilkerson.

Caste: The Origins of our Discontents

By Isabel Wilkerson

In this book, Isabel Wilkerson gives us a portrait of an unseen phenomenon in America as she explores through stories about real people, how America today and throughout its history has been shaped by a hidden caste system, a rigid hierarchy of human rankings.

Beyond race, class, or other factors, there is a powerful caste system that influences people's lives and behavior and the nation's fate. Wilkerson explores eight pillars that underlie caste systems across civilizations, including divine will, bloodlines, stigma, and more. Using riveting stories about people—including Martin Luther King, Jr., baseball's Satchel Paige, a single father and his toddler son, Wilkerson herself, and many others—she shows the ways that the insidious undertow of caste is experienced every day.

Citizens in the Cedar Valley are encouraged to get the book, to view online panel discussions, and to attend Zoom discussion groups. Open Zoom sessions are available at the following times:

- | | |
|-------------------------------------------|-------------------------|
| WEDNESDAYS 10 AM (BEGINNING OCT 6) | Dr Mark Grey |
| WEDNESDAYS NOON (BEGINNING OCT 6) | Rev. Scott Kober |
| TUESDAYS (BEGINNING OCT 5) | Mr Denny McCabe |

Sign up to attend Zoom sessions here
<https://uni.edu/resources/cedar-valley-community-book-read-zoom-sessions>

To become a discussion facilitator, or learn more about the Community Read visit <https://uni.edu/resources/common-read>

WELCOME PICNIC FOR PASTOR KAREN!

We have taken a break from some church activities for a year-and-a-half of because of the pandemic. Fall is here and we are starting to get back in the swing of church activities including getting to know Pastor Karen. We are having a Picnic to welcome Pastor Karen and her husband to our church family. What better way than a potluck picnic?

WHERE:

Denise and Sam Barr's back yard
3815 Evergreen Lane
Cedar Falls

WHEN:

Saturday October 9th, 5:00PM
RSVP by Wednesday October 6th
Sign up at the Welcome Center at the church
or call the Home Phone : 266-1344
or text or call Denise's Cell Phone: 319-239-9839

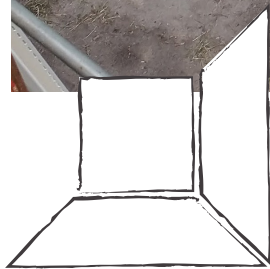
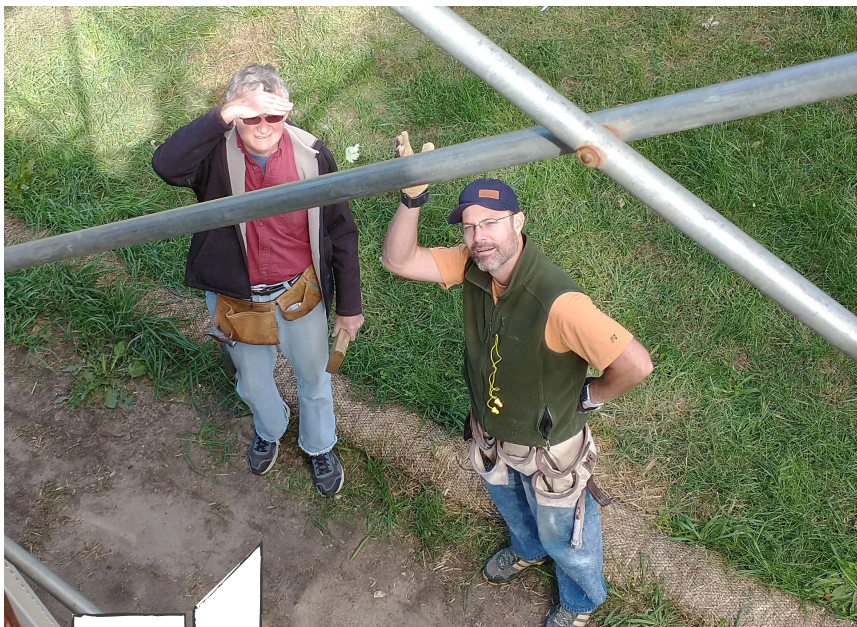
Inclement Weather:

The Gathering Space at church

Sam and Denise will provide table service, sandwiches and bottles of water. Please bring a Side Dish or Dessert to share and a drink if you prefer something other than water.

RSVP:

Please RSVP by Wednesday, October 6th so we know how many to expect. If you don't catch us in person, please leave a message with your name and how many will be attending. If you forget to RSVP or find out last minute you can come, please come anyway! As with all Methodist Potlucks we will have more than enough food!



FIRST BUILDERS METHODIST CHURCH

First Builders At Work

The hammers were in full swing on the first build day for our First Builders Habitat for Humanity Team!

There will be an upcoming Habitat for Humanity build day Saturday, November 20th. If you are interested in joining us, a sign-up sheet is at the Welcome Center desk. You will be placed on an email list for future build sign-ups.

Miss A Sermon?

If you miss a Sunday message, you'll find it on our youtube channel. Go to our website at aboutfirst.com and scroll down to the "sermons" graphic, which will link you to all of our sermons and public videos.

Got extra fabric? Bring it in!

There is always a need for durable/sturdy fabric to make school bags and other stitching projects. The Stitches & Quilters also could use decent sized lengths of cotton quilting fabric for comfort quilts, baptism quilts, and quilts for foster kids, as well as school bags for Midwest Mission. There is a designated bin for your quality fabric donation in the church collection site on the main level of the church in the little hall across from the drinking fountain.

Send a Card or Note

Send a card or a letter to our friends in care facilities and unable to attend church. Phone calls and cards are also much appreciated for those who are staying home. Think of who sits around you in worship or in a group, and give them a call or a card. We still have updated photo directories at our Welcome Center.

Pick one up Monday-Friday.

Doris Crandall, Jake DeVoogd,

Marilyn Pape

Martin Suites

420 E. 11th St

Cedar Falls IA 50613

Marlys Cook, Nola Kelly, Faye

Rohwedder

Stanard Assisted Living

420 E. 11th St

Cedar Falls IA 50613

Marian Christiason, Sharon Krebs,

Homer Leymaster, Emogene Marty,

Chet Starr

Windhaven Assisted Living

5500 S. Main St

Cedar Falls IA 50613

Harold Krebs, Ellen Opsal, Lura Treloar

Deery Suites

5307 Caraway Lane

Cedar Falls IA 50613

Mardy Hermann

Thalman Square

5500 S. Main St

Cedar Falls IA 50613

Marilyn Geesaman, Virginia Van

Tassel

Nation Cottage

5111 Caraway Lane

Cedar Falls IA 50613

LaVonne Neese

Thuesen Cottage

5127 Caraway Ln

Cedar Falls IA 50613

Rudy Grapp, Vivian Hill

New Aldaya Lifescapes

7511 University Ave

Cedar Falls IA 50613

Donna Tiller

Grundy Care Center

102 East J Ave,

Grundy Center IA 50638

Darlene Jordan, Perry Thurman

Pinnacle Care

1223 Prairie View Rd

Cedar Falls IA 50613

Betty O'Brien

Friendship Village Lakeview Lodge

312 Southbrooke Drive #39

Waterloo IA 50701

Darlene Prashak

Heritage Care and Rehab Center

501 S. Kentucky Ave

Mason City IA 50401

Linda Rundall

Sunrise Hill Care & Rehab Center

909 6th St

Traer IA 50675

John Stater

CountryHouse Residences

3720 George B Lake Parkway Apt 12

Elkhorn NE 68022

Dorothy Schwab

Our House Senior Living

1401 15th Ave NW Room 11

Austin MN 55912



Bus Service

We pick up for the 11:15 traditional service in the sanctuary. We are offering this ministry for people that have been vaccinated and are willing to wear their masks on the bus. To allow for social distancing, only six passengers will be allowed. Call Steve and Janet MacTaggart at 319-404-0077 to let them know you are interested.



Thank You

Dear Friends, Thank you so much for your generous donation for 100 servings of dessert for the ThreeHouse Block Party! Thanks to Haleigh and Tiana for manning the table and sharing their enthusiasm for First UMC. The plates of bars, cookies, cake and pie were enjoyed. We estimate that about 150 people attended the Block Party over the course of the evening. We are looking forward to growing our student community the Fall with a variety of programs, including a First Year Survival Guide, Bible studies, Wednesday Worship and CoffeeHouse on Thursday evenings. We'll also continue to take the Treat Trike onto campus. Sharing God's love and acceptance with all continues! We deeply appreciate your generosity and support. With heartfelt thanks,
David Glenn-Burns, Director and Campus Minister

Thank you very much for the beautiful red rose delivered by Jane Wyckoff for my 91st birthday. I always enjoy visiting with Jane and it is nice to be remembered.
Chuck Roudebush

I want to thank everyone for praying for me in my time of need. It is so heartwarming and uplifting to know that my church family has concern for me. Buelah says I have nearly 50 cards! That is also just great. God bless you all.
Bud Stock

Thank you to all my church friends for the cards and soothing words on the loss of my granddaughter, Kessi Olsen. Special thanks to Pastor Kober, Carol Dick, and Jane Wyckoff for the calls, cards, and comforting words. A special thank you to Debbie Goodenbour, who has been a light in my life.
Love, Kay Masters

Dorothy and I want to thank everyone who sent us a 60th anniversary card. It made our day very special and we appreciated every one. Your thoughtfulness will never be forgotten. Also, a special thank you to Maxine Kehret for the raisin cream pie she made us. God bless you all,
Jim & Dorothy Schwab

I would like to say thanks for the rose Jane Wyckoff delivered and thanks for the birthday cards. Thank you to Pastor Scott for the nice visit to our house and for the prayer.

Thanks to all,
Betty Fanning

On behalf of my husband, Donald Thomas Finley, retired military and a disabled veteran from service in Vietnam, we say thank you very much for the beautiful lap quilt delivered by Jane on a Sunday afternoon. He will use it a lot this fall and winter to stay warm as he watches favorite shows on TV and plays with our new cat, Sunshine.
Don T. & Bonny Findlay

Thank you for the beautiful rose delivered by Jane Wyckoff (she is a delight) for my birthday. It is such a special treat. Also thanks to the staff for their card; so nice to be remembered!
Smiles, Blessings,
Marlene Baumhover

Belated thank you's for all the cards etc after the death of my husband Irv. They were gratefully appreciated. Also thanks for all the birthday greetings. It was a hard birthday without Irv. I have appreciated all the rides to doctor's appointments. Thank you so much.
Donna Tiller

Sympathy

Family and friends of Noreen Roth. Noreen died August 22.

Marlys Pals on the death of her sister, Betty, on August 25.

Sandy & George Glenn on the death of their grandson, Jonah Glenn, on August 25.

Kay Masters on the death of her granddaughter, Kessi Olsen, on September 3.

Nancy Klodt on the death of her sister-in-law, Jan Ferson, on September 10.

Family and friends of Rosemary Miller, who died September 17.

Cheryl Schilling on the death of her brother, Beryl Biekert, on September 16.

Jerry Bernard on the death of his brother, Kenneth, on September 17.

Congratulations

Sarah & Peter Park on the birth of their daughter, Liliana Saeyoung Park, born August 23, 2021 in St. Louis, Missouri. Liliana is the granddaughter of Cheryl and Dave Neill, and shares her birthday with Dave.

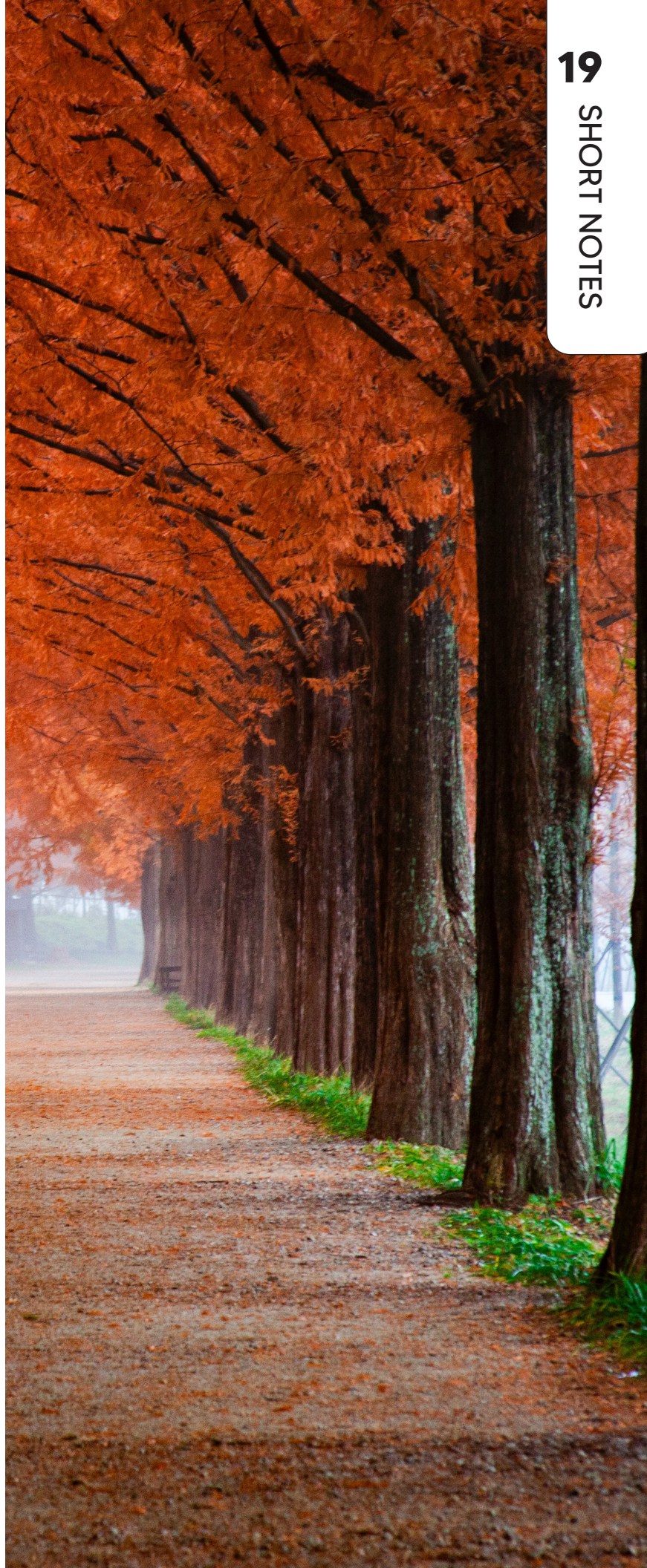
Liliana was baptized in our church on September 19.

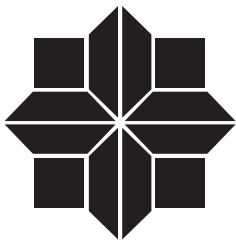
Hospital reminder

Governmental regulations prohibit health care facilities (this includes hospitals, assisted living and nursing homes) from sharing information about their patients and residents, so if you want your church family to know you need our love and prayers, please call the church office.

Altar Flowers

The altar flower calendar for 2021 and 2022 is at the Welcome Center. Sign up now to recognize a special date or to honor a loved one with flowers for the altar. Have the flowers delivered to the church on Friday, please.





FIRST UNITED
METHODIST CHURCH

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Cedar Falls, Iowa 50613
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www.aboutfirst.com

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First United Methodist Church, Cedar Falls

Worship

8:15 am Traditional worship service, sanctuary
9:00-11:15 Fellowship, Gathering Place
9:15 am Transformation Contemporary worship,
Fellowship Hall
9:30-10 Kid's Corner, chapel
10:15 am Sunday School for all ages
11:15 am Traditional worship service, sanctuary

Television

Cedar Falls (CFU) Channels 18 or 95.5

Friday @ 8:00 pm, Sunday @ 9:00 am

Waterloo (MediaCom) Channel 1

Sundays @ 11:00am & 8:00 pm

Our Pastors

Scott Kober, Lead Pastor, scott.kober@aboutfirst.com
Karen Nelson, Associate Pastor, Karen.nelson@aboutfirst.com

Staff

(in alphabetical order)

Sam Barr, Transformation Music Coordinator
sam.barr@aboutfirst.com

Dee Behr, Parish Visitor
dee.behr@aboutfirst.com

John Bentley, Head Custodian

Chris Congdon, Media Coordinator
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